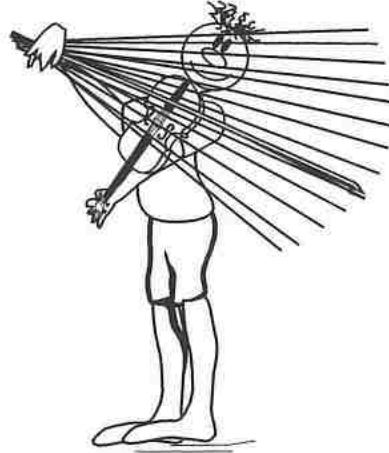
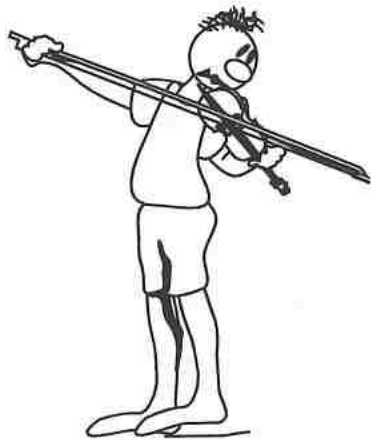


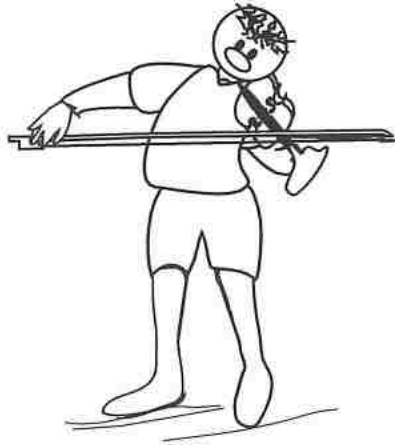
Why It May Hurt to Play

Repetitive Stress Injury (R.S.I.)
Created by Janet Horvath



Force and Tension +

Repetition +



Poor Posture +

No Rest = R.S.I.